### **Erosion Control**

# **Maintaining Good Communication**



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### Matthew 7:24-27

24 "Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. 25 Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock. 26 But anyone who hears my teaching and doesn't obey it is foolish, like a person who builds a house on sand. 27 When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash."

# Good communication equals authentic human connection!

Proverbs 18:20-21

- <sup>20</sup> Wise words satisfy like a good meal; the right words bring satisfaction.
- <sup>21</sup> The tongue can bring death or life; those who love to talk will reap the consequences.

### Communication is a skill!

James 1:19-20

<sup>19</sup> Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. <sup>20</sup> Human anger does not produce the righteousness God desires.

### Women need for Connection.

- a. Women need security.
- b. Women need open and honest communication.
- c. Women need soft nonsexual touch.
- d. Women need to know they are equal but supported.

## Men need Acknowledgement.

- a. Men want to be respected and honored.
- b. Men want sexual touch.
- c. Men want buddies, friendship.
- d. Men want domestic support.

### **4 Keys to Good Communication**

### 1. Tone

Our Tone can make all the difference.

James 1:26

If you claim to be religious but don't control your tongue, you are fooling yourself, and your religion is worthless.

### 2. Time!

Good Communication takes time!

Two areas we most often neglect and stop communicating are our **relationships** with family and our relationship with the **Lord**!

### 3. Trust.

Create an Atmosphere of Trust. Are you a safe place?

Proverbs 26:28

A lying tongue hates its victims, and flattering words cause ruin.

### 4. Truth!

Truth without love is mean, Love without truth is meaningless.

Hebrew 13:16

And don't forget to do good and to share with those in need. These are the sacrifices that please God.

We judge ourselves on our good <u>intensions</u> and we judge others on their **actions**.

# Convert your good intentions into actions!

# 7 Day Challenge

- 1. If you think something good. Say it!
- 2. If you think of something special. **Do it!**
- 3. If you want something different. Be it!